

English Date _____

Kunrada Chiranorawanit 2022

Name _____

M. _____ No. _____

"Work and Play"

A. Complete the text with the vocabulary in the below.

productive / beneficial / balance / leisure /
chill out / socialize / interaction / creativity

Modern life can be stressful, so you ought to make sure you have a good ¹_____ of work and ²_____. You can't always be running around - you must find time to just ³_____. Also, you should ⁴_____ with other people and have human ⁵_____. - otherwise, you might find that you get very lonely. Taking steps to have a good balance in your life might be very ⁶_____ for you; studies show that relaxation can help you be more ⁷_____ at work, getting more done in less time. It may also help with ⁸_____ - it seems a relaxed mind is an imaginative mind!

B. Listen to the podcast and choose (✓) the ideas you hear.

- The idea of just "playing" is not usually associated with adults. _____
- Adults have forgotten how to have fun. _____
- Relaxing and having fun at work is beneficial for our lives. _____
- Many people have a stereotypical idea that work and leisure should not go together. _____
- It's difficult to find the right balance of work and play. _____
- If you enjoy doing something, then that is a form of "play." _____
- Having a good time at work means you might be a better worker. _____

C. Listen again and complete the notes.

Play = not usually associated with work.

Kids: play = key part of life *Adults:* play = ¹_____

BUT Play at work could be ²_____ in many ways.

- Many people still believe the stereotype: work is work, ³_____ time is after work.
- A ⁴_____ of work and play is really important.
- Play is anything that you enjoy, e.g., ⁵_____ game, mini-basketball, chilling out, watching TV, going for a walk and ⁶_____ with a colleague, making your workspace brighter and more ⁷_____.
- Some companies are making workplaces more fun: ⁸_____ classes, gyms, ⁹_____ rooms, climbing walls, ping-pong tables, video games, bowling (!).

D. Listen and decide if the following statements are true (T), false (F), or if the information is not given (NG).

- | | | | |
|--|---|---|----|
| 1. Play at work helps you get more work done. | T | F | NG |
| 2. Play at work helps you earn more money. | T | F | NG |
| 3. Play at work helps you come up with more imaginative ideas. | T | F | NG |
| 4. Stress is not such a big problem these days. | T | F | NG |
| 5. You meet a lot more people by having fun at work. | T | F | NG |
| 6. You don't get sick as much if you have fun at work. | T | F | NG |
| 7. Play at work helps you get along with your co-workers better. | T | F | NG |

E. Complete the questions about the Diwali festival in the UK with the words in the box.

associated / celebrate / customs / held / take / traditions

1. Where is it _____?
2. When does it _____ place?
3. Which culture is it _____ with?
4. What does it _____?
5. What are some of the _____ and _____?

F. Match questions 1-5 above with responses a-e here.

- | | |
|----------------|---|
| Question _____ | a. Festival of light; honors light over darkness, good over evil |
| Question _____ | b. Official holiday in countries including India, Singapore and Sri Lanka |
| Question _____ | c. Light up homes, fireworks, special foods, gifts, music and dancing, prayer and worship |
| Question _____ | d. October to November |
| Question _____ | e. In private homes, many towns and cities; largest celebration is in Leicester |