

Look at this blogpost by Nandita, a doctor who writes about cooking.

**Ways to reduce your kitchen's carbon footprint**

June 5 is World Environment Day. I thought it would be a perfect opportunity to see how I could improve the environment in my own small way. These ideas helped me reduce my carbon footprint in the kitchen and helped me save money, too.

💡 If you use light bulbs in your kitchen, change to low-energy bulbs. They waste less energy, heat up the place less and last longer. If everyone changed to low-energy bulbs, the world would use 4% less electricity.

💡 When I'm using the oven, I bake two or three dishes together. For those with a small oven, if you prepare everything ahead of time and bake the dishes one after the other, you won't have to pre-heat the oven again.

💡 Please learn to use a pressure cooker if you don't already. It takes 90% less time to cook rice than by boiling. If you have a water filter, don't drink bottled water. It just increases the amount of plastic in the environment.

💡 Plan your shopping for food and kitchen supplies so you can get everything in one trip. If you share a car with friends, you'll have fun and save fuel.

💡 Grow as many green herbs as possible. They'll make your kitchen look nice, you can use them in cooking and they'll also increase the oxygen supply.

💡 Solar heaters are very popular in the South of India and many new buildings have them. If we get a lot of sunlight, we shouldn't waste it.

The biggest problem we have today is the feeling 'What difference will one person make?' But if everyone thought like that, we wouldn't change anything. If we all managed our homes better, our cities would soon be cleaner and greener.

A. We can reduce / increase our carbon footprint by saving energy.

B. Notice this statement "If you prepare everything ahead of time and bake the dishes one after the other, you won't have to pre-heat the oven again."

Do you consider this as....?

- a. a recommendation (การเสนอแนะ)
- b. a possibility (สิ่งที่เป็นไปได้ที่จะเกิดขึ้น)
- c. both

C. Notice this statement "If you share a car with friends, you'll have fun and save fuel."

Do you consider this as....?

- a. a recommendation (การเสนอแนะ)
- b. a possibility (สิ่งที่เป็นไปได้ที่จะเกิดขึ้น)
- c. both

D. Notice this statement "If everyone changed to low-energy bulbs, the world would use 4% less electricity."

Can we expect "everyone" to buy new light bulbs?

- a. Yes
- b. No

Can we then expect "the world" to use 4% less energy?

- a. Yes
- b. No

Do you consider this as....? a. a recommendation b. a possibility c. an unreal possibility

What kind of tense is it put in? a. Present b. Past

E. Read the situations, then circle the correct word in the choices for each sentence.

situation	What the person says
1 I might see Susan this afternoon.	'If I <u>see / saw</u> Susan, <u>I'll / I'd</u> give her your message.'
2 I don't have a bike.	'If I <u>have / had</u> a bike, <u>I'll / I'd</u> use it to get to work.'
3 He hates exercise	<u>'He'll / He'd</u> be a lot healthier if he <u>does / did</u> some exercise'
4 We might go to Spain in July.	'If we <u>go / went</u> to Spain, <u>we'll / we'd</u> visit Andalusia first.'
5 You don't have a computer.	'If you <u>have / had</u> a computer, your life <u>will / would</u> be a lot easier.'
6 She'll probably work late tonight.	'If she <u>works / worked</u> late, <u>she'll / she'd</u> get a taxi home.'